D O P P S Chiropractic D E R B Y

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CONFIDENTIAL PATIENT HEALTH HISTORY

Today's Date:						
PATIENT INFORMATIO	N					
Name: (First MI Last)	Preferred Name:					
Address:	Apt	:: City:	State:	Zip:		
Home Phone:	Work Phone:	Mo	obile Phone:	_		
Email:	Gender:]	M/F Marital Status:	S/M/D/W DOB :			
Job Status: Not Employed / Employ	ed / Part-time Student / Full-t	ime Student				
Occupation:	Em	ployer:				
Who may we thank for referring yo	ou to our office?					
EMERGENCY CONTAC						
Name:		Primary Care Ph	ysician:			
Phone:		Doctor's Office:				
Relationship: Child / Parent / Spouse	May we send hea	May we send health updates to this physician? $ Y/N$				
FINANCIAL INFORMAT						
Is today's visit the result of an accid	lent? No / Auto / Work / Oth	er				
Will we be working with Health Ins	urance? No / Yes (Complete De	etails Below)				
Primary Insurance:		Secondary Insura	ance:			
Policy Holder:		Policy Holder:				
Relation to Insured: Self / Spouse / I	Parent / Child / Other	Relation to Insur	ed: Self / Spouse / Parent	/ Child / Other		

I authorize payment of medical benefits to Dopps Chiropractic Derby for any services provided to me or my dependents. I understand I am financially responsible for any amount not covered by my insurance.

It is Usual and Customary to Pay for Services as Rendered Unless Otherwise Arranged

Patient or Guardian Signature_____ Date_____

HISTORY OF PRESENT ILLNESS

Major Complaint								
Secondary Complaint(s)								
When did this start?								
How did this start?								
Grade Intensity/Severity	Does it radiate?	Previous Treatment						
□ None (0/10)	□ No	□ None						
□ Mild (1-2/10)	□ Yes	Chiropractor						
$\square Mild-Moderate (2-4/10)$		Medical Doctor						
□ Moderate (4-6/10)	Improves with:	Physical Therapy						
$\Box \text{Moderate-Severe (6-8/10)}$	Nothing	□ ER						

□ Severe (8-10/10)

Frequency

- □ Off & On
- **C**onstant

Quality

- □ Sharp
- □ Stabbing
- **D** Burning
- □ Achy
- Dull
- Numb
- □ Tingling
- Stiff

Other:

- □ Heat
- Movement
- □ Stretching
- OTC Medications: ______
- Rx Medications:
- Other:

Worsens with:

- □ Sitting
- □ Standing
- □ Walking
- □ Lying Down
- □ Overuse
- □ Lifting
- Movement
- **Changing Positions**
- Other:

Previous Diagnostic Testing (Circle one)

X-rays - MRI - CT - None

How is it affecting your life?

- □ It's difficult or I am unable to work.
- □ It's hard or I am unable to do the things I love.
- □ It's hard to play with my children.
- □ It's hard or impossible to play sports or recreational activities.
- □ My home life is diminished.
- My relationships are suffering.
- □ I'm having difficulty sleeping.
- □ It's difficult to move around.

MEDICAL HISTORY

Have	you <u>ever</u> h	iad any	y of the f	following?	(Please select all	that apply.)
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Illn	lesses:	Inj	uries:	Su
	Asthma		Back Injury	
	Autoimmune Disorder (Type)		Broken Bones	
	Blood Clots		Head Injury	
	Cancer (Type)		Neck Injury	
	CVA/ TIA (Stroke)		Falls	
	Diabetes		Other:	_
	Migraine Headaches			
	Osteoporosis	Ho	spitalizations: (Non-surgical with Date)	
	Other:			

*Women: Are you pregnant?

No	Last Menstrual Period:	/ /	

Due Date: / / Yes

Prescription Medications:
None

Allergies to Medications: D No known drug allergies

rgeries: (*If yes, provide type & surgery date*) Cancer _____ Orthopedic

- Shoulder L / R 0
 - Elbow/Forearm L / R 0
 - Wrist/Hand L / R 0
 - Hip L / R 0
 - Knee L / R _____ 0

 - Ankle/Foot L / R 0
- Spinal
 - Neck: _____
 - Back: _____
- □ Other: _____

FAMILY HISTORY

Does anyone in your IMMEDIATE family have a history of:

- Aneurysm _____
- CVA (Stroke)

REVIEW OF SYSTEMS

Cancer____

Constitutional: (General)

□ None in this Category

□ None in this Category

Dizziness or Lightheaded

Convulsions or Seizures

□ *None in this Category*

Psychiatric: (Mind/Stress)

Memory Loss or Confusion

□ Frequent or Painful Urination

□ Incontinence or Bed Wetting

D Painful or Irregular Periods

□ *None in this Category*

□ Nervousness/Anxiety

□ *None in this Category*

□ Joint Pain/Stiffness/Swelling

□ Muscle Pain/Stiffness/Spasms

Musculoskeletal:

Neurological:

Tremors

Depression

Genitourinary:

□ Blood in Urine

□ Sleep Problems

G Fever

□ Fatigue

Gastrointestinal:

Are you currently experiencing any of these symptoms? (Please select all that apply.)

- Loss of Appetite
- □ Blood in Stool or Black Stool
- □ Nausea or Vomiting
- Abdominal Pain
- □ Frequent Diarrhea
- **Constipation**
- □ None in this Category

Cardiovascular & Heart:

- □ Chest Pains/Tightness
- **D** Rapid or Heartbeat Changes
- Swelling of Hands, Ankles, or Feet
- □ None in this Category

Respiratory:

- Difficulty Breathing
- Cough
- □ None in this Category

Eyes & Vision:

- **D** Eye Pain
- □ Blurred or Double Vision
- □ Sensitivity to Light
- □ None in this Category

Endocrine:

- □ Infertility
- Recent Weight Change
- □ Eating Disorder
- □ None in this Category

Head, Ears, Nose, & Mouth/Throat:

- □ Frequent or Recurrent Headaches
- Ear Ache/Ringing/Drainage
- □ Hearing Loss
- Sensitivity to Loud Noises
- Sinus Problems
- □ Sore Throat
- □ None in this Category

Hematologic & Lymphatic:

- □ Excessive Thirst or Urination
- **Cold** Extremities
- Swollen Glands
- □ None in this Category

Integumentary: (Skin, Nails, & Breasts)

- □ Rash or Itching
- Change in Skin, Hair, or Nails
- Non-healing Sores or Lesions
- □ Change of Appearance of a Mole
- □ Breast Pain, Lump, or Discharge
- □ None in this Category

Allergic/Immunologic:

- □ Food Allergies
- **D** Environmental Allergies
- □ None in this Category

- Diabetes _____
- Heart Disease
- Hypertension ______

I have answered these questions to the best of my knowledge and certify them to be true and correct and I hereby authorize this office to provide me with chiropractic care, diagnostic testing, and/or therapeutic services, in accordance with this state's statutes.

AUTHORIZATION AND RELEASE: (please read and sign)

I authorize payment of insurance benefits directly to the chiropractor or chiropractic office. I authorize the doctor to release all information necessary to communicate with personal physicians and other healthcare providers and payers and to secure the payment of benefits. I understand that I am responsible for all costs of chiropractic care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable. _____ Initials

I authorize treatment by Dopps Chiropractic Derby, LLC. I understand that I will be treated for my condition by a licensed Chiropractor in this office. I understand that there are certain inherent risks to any healthcare procedure. It is possible that complications can arise as a result of my treatment. I understand that my Doctor will make every reasonable effort during my examination to screen for contradictions, however, it is my responsibility to inform my Doctor about any conditions, not otherwise discussed. I further understand that I am responsible for keeping my scheduled appointments and that if I fail to do so it may be detrimental to the healing process. I understand that I am responsible for completely disclosing information regarding the status of my health or condition to the doctor and staff at Dopps Chiropractic Derby, LLC. ____ Initials

I understand and agree that this chiropractic office will be using my Patient Health Information for the purpose of treatment, payment, healthcare operation and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information, we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent. If there is anyone you do not want to receive your medical records, please inform our office. _____ Initials

Patient or Guardian Signature_____ Date _____

For use with <u>Neck and/or Back Problems</u> only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, please circle the number which most closely describes your condition right now.

1. Pain Intensi	ty				6. Recreation				
0	1	2	3	4	0	1	2	3	4
l No	l Mild	 Moderate	 Severe	l Worst	Can do	Can do	Can do	Can do	Cannot
pain	pain	pain	pain	possible	all	most	some	a few	do any
pam	pani	pani	pani	pain	activities	activities	activities	activities	activities
2. Sleeping				puili					
0	1	2	3	4	7. Frequency of	pain			1.7
		I		1	0	1	2	3	4
Perfect	Mildly	Moderately	Greatly	Totally	No	Occasional	Intermittent	Frequent	Constant
sleep	disturbed	disturbed	disturbed	disturbed	pain	pain;	pain;	pain;	pain;
	sleep	sleep	sleep	sleep		25%	50%	75%	100%
3. Personal Ca	are (washing, o	dressing, etc.)				of the day	of the day	of the day	of the day
0	1	12	3	4	8. Lifting	ι.	1.		Ι.
					0	1	2	3	4
No	Mild	Moderate	Moderate	Severe	No	Increased	Increased	Increased	Increased
pain;	pain;	pain; need	pain; need	pain; need	pain with	pain with	pain with	pain with	pain with
no	no	to go slowly	some	100%	heavy	heavy	moderate	light	any
restrictions	restrictions		assistance	assistance	weight	weight	weight	weight	weight
4. Travel (driv	ving, etc.)				9. Walking				
0	1	2	3	4	0	1	2	3	4
I No	Mild	Moderate	Moderate	Severe	No pain;	Increased	Increased	Increased	I Increased
pain on	pain on	pain on	pain on	pain on	any	pain after	pain after	pain after	pain with
long trips	long trips	long trips	short trips	short trips	distance	1 mile	1/2 mile	1/4 mile	all
									walking
5. Work			Ι.	Ι.	10. Standing	_			
0	1	2	3	4	0	1	2	3	4
Can do	Can do	Can do	Can do	Cannot	No pain	Increased	Increased	Increased	Increased
usual work	usual work;	50% of	25% of	work	after	pain	pain	pain	pain with
plus unlimited	no extra	usual	usual		several	after several	after	after	any
extra work	work	work	work		hours	hours	1 hour	1/2 hour	standing
Name								Total Score	e
		PRINTED							
		Signature			Date		© 1999-2001 1	Institute of Evidence-H	Based Chiropractic

www.chiroevidence.com